

## Cynthia Brian's Gardening Guide for February

**LOVE** your heart by eating healthy fresh greens, berries, and fruits combined with exercising, and thinking positively.

**PULL** weeds as they sprout. It's easier to eradicate the weeds in soft, damp soil when they are four to six inches high.

**PRUNE** fuchsias, roses, and any still dormant shrubs or trees. Do not prune spring-flowering specimens such as tulips, forsythia, lilac or magnolia.

**HOUSEPLANTS** need a refresher this month. Repot with fresh potting soil, prune any dead leaves, give a jolt of fertilizer, and a spritz of H<sub>2</sub>O.

**CLEAN** and sharpen tools to be ready for March madness.

**FLOAT** pink camellias in a bowl on Valentine's Day.

**PLANT** bare root roses. Expect blooms by summer.

**IDENTIFY** mushrooms as edible before picking and consuming. Mushrooms growing in your lawn are most likely poisonous.

**ADD** moss to areas around steppingstones for a romantic, ethereal sensation.

**NAME** a rose after your special someone or celebration. Find out prices from a rose breeder or develop your specific rose. The American Rose Society serves as the International Cultivar Registration Authority for Roses following rules set forth by the International Code of Nomenclature for Cultivated Plants in the registration of new rose varieties. <https://www.rose.org>

**MAKE** a simple arrangement of mums, baby's breath, alstroemeria, and stock to bring a bit of sunshine into a dreary February day.

**HIBERNATE** at home. Enjoy the luxury of reading a good book on a rainy day. Check out my best sellers at [www.cynthiabrian.com/online-store](http://www.cynthiabrian.com/online-store).

**CLEAR** the clutter, cleanse and purify. When in Rome ...

**CELEBRATE** Valentine's Day with a pocket of posies picked from your garden. Give the gift of a bare root rose that will yield years of adoration.



Pick pink camellias to float in a bowl.



Eat only identified "as edible" mushrooms growing in your yard.